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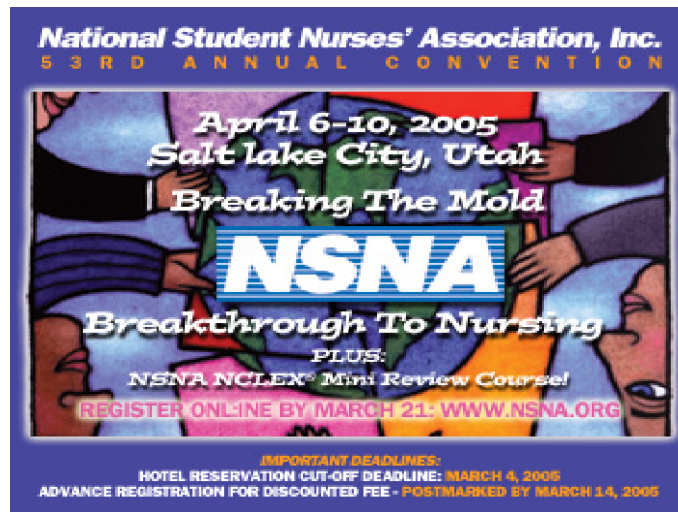
# Region 7 Newsletter

January/February 2005

## Region News

**D**o you like to plan parties?!! Well, then FNSA has the perfect place for you. Join the Convention Committee and you can help plan FNSA's biggest event, State Convention in Daytona, FL. If planning parties isn't your thing we have lots of other committees you can get involved in from Legislation, Resolutions, BTN, CAPS, Nominations and Elections to Community Health and Membership. If you have any interest in helping out in any of these areas email Robert Elliott at [robertdelliott\\_fnsa@yahoo.com](mailto:robertdelliott_fnsa@yahoo.com) immediately. Don't be intimidated, we would love to have you. You don't have to know a whole lot. Just be willing to serve and help out.

**N**NSNA National Convention is just right around the corner. Are you prepared??? This year National Convention will be held in Salt Lake City, Utah, April 6 - 10, 2005. It's going to be an exciting time to connect with other nursing students from



around the country, grow in your knowledge as a nursing student, meet recruiters from all over the nation and much much more!!! Visit [www.nsna.org](http://www.nsna.org) for all the details.

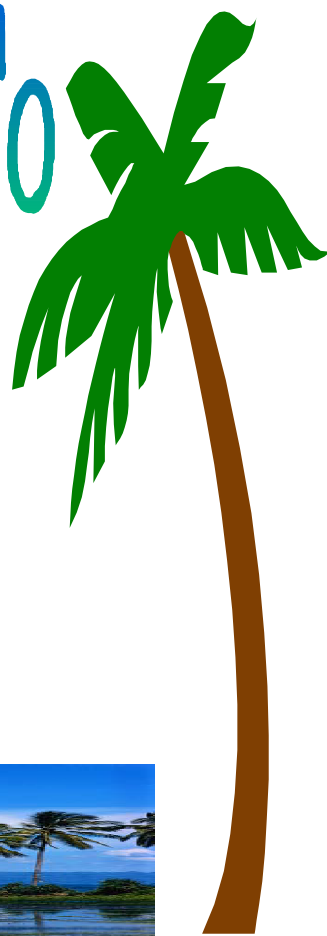
**D**on't forget about awards at National Convention every school can apply! That includes you Manatee Community College, Edison Community College, South Florida Community College, and Florida Gulf Coast University. I hope to see each and every one of you guys submit an award for Nationals! Remember the deadline is March 2nd. For application information go to the Awards Booklet under Publications at [www.nsna.org](http://www.nsna.org).

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Angela Hedger  
1114 FGCU Campus Housing  
Fort Myer, FL 33965  
Home 239-590-1293 or Cell  
727-385-0343 Email:  
[anhedger@eagle.fgcu.edu](mailto:anhedger@eagle.fgcu.edu)

# What Region 7 Has Been Up To



Dear Chapter Presidents of Region 7,

Last Newsletter I asked each President for information about what your school has been doing to include in coming Newsletters. I have heard back from a few schools, but I want to here from all of you! Let me know what your chapter has been doing, is doing, or is planning on doing in the future. In this way we can all be aware of what is going on and encourage and help one another out. We need to be in unity with one another promoting oneness no matter what our differences may be. If each chapter President could email me 2 weeks before each executive board meeting with what is going on with your chapter and any questions your chapter may have for the executive board I would greatly appreciate it. Dates for Eboard meetings are on page four. Also, for the next issue, let me know if anyone from your school is going to Nationals and how many so we know to look for one another there. I look forward to hearing from you all.

Blessings,  
Angela Hedger



## MANATEE COMMUNITY COLLEGE (MCC)

- 1) Fundraising Activities- We are selling clipboards that are printed on both sides with a supplemental laminated sheet with nursing info.
- 2) Bone Zone- Students who are already trained may sign up and we will also determine the need for more training sessions based on interest.
- 3) Student Nurse's Week- We will do BP checks and provide HIV/STD prevention info. along with SNA/FNSA/NSNA recruitment on our campus.
- 4) Convention Discussion- We have decided to have our students sign a "Commitment to Attend Convention" form along with a \$50 deposit that will be returned to them at convention to cut down on needless spending.
- 5) MCC-SNA Website- We have been approved for web space and are in the process of building a site for MCC's SNA.
- 6) Bylaws- We revamped our bylaws, modeling them after FNSA's to include rules of participation for officers.
- 7) Recruitment- We will ask for volunteers to recruit new members in the nursing pre-req classes on campus.

In December we helped a needy nursing student by donating gifts for Christmas. The student in need applied anonymously through our consultants and provided a list of items they wanted for their family. We made a tree and each item was labeled as an ornament. Staff and students picked an ornament and donated that item. At the end of the semester the gifts were wrapped and the consultants gave them to the student. We not only received every item requested, but many more as gift certificates for Wal-Mart and Publix!

## Florida Gulf Coast University (FGCU)

- 1) Fundraising Activities- We work concession stands for the Twins Spring Training Games all throughout March earning 10% of profits plus tips.
- 2) Project Moses- We are making basinettes out of laundry baskets for families that cannot afford them to help prevent SIDS. We work with a local Hispanic Service's lamaze class.
- 3) Student Nurse's Week- We will be doing Global AIDS education. We are selling Orphan AIDS bracelets to help support orphans and spread the word. If anyone wants one just email [anhedger@eagle.fgcu.edu](mailto:anhedger@eagle.fgcu.edu). Or if you want to sell them yourselves check out [www.aidsbracelets.org](http://www.aidsbracelets.org), they're free to order.
- 4) Bylaws- Our bylaws have been changed to specify when yearly nominations (January) and elections (February) should be held. It has also been broadened to say that any FGCU student may participate in NSA in order to keep with our SGA's standards.
- 5) Recruitment- In December we had a Pre-Nursing Pizza Party to recruit new members and get students involved early.

In December we had a toy drive on campus working with Catholic Charities in Fort Myers. We set up a tree in the nursing office and had students pick an ornament and buy a present for the boy or girl on the ornament. We also went to their office to help wrap gifts.

**South Florida Community College**

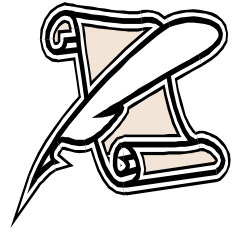
**Edison Community College**



# FNSA Resolution to Convention...

This year FNSA has decided to support and bring to National Convention the Resolution submitted by our own Robert Elliott.

**In support of health care professionals being educated about current healthcare advance directives and to maintain current healthcare advance directive.**



Individual schools can also submit resolutions. For more information visit here [http://www.nsna.org/pubs/guidelines/guide\\_resolutions.pdf](http://www.nsna.org/pubs/guidelines/guide_resolutions.pdf)



## Community Health Committee-Tobacco Free Nurses

Do you want to be involved in a community health project that expands beyond the borders of your region, and beyond the borders of Florida, well take a look at what the National Student Nursing Association (NSNA) is supporting and get involved!

From Lisa Tierney: NSNA Director and Chair, Community Health Committee

NSNA is involved in a task force to develop a plan to reduce the number of nurses who smoke and to increase the number of nurses who help their patients quit. Please go to the Tobacco Free Nurses web site and find out how you can get involved in this project.

[www.tobaccofreenurses.org](http://www.tobaccofreenurses.org)

Tobacco use is the leading cause of preventable death, and the 2.2 million working nurses can make a significant impact on preventing tobacco use and helping patients quit smoking. However, research has shown that several barriers prevent nurses from being more involved in tobacco control efforts. These include the fact that nurses have higher prevalence rates of smoking compared with other health professionals; that nurses, similar to many

health professionals, need additional training in comprehensive tobacco control efforts, and that there have not been well organized efforts to include nurses in tobacco control policy efforts. Tobacco Free Nurses, a

national initiative funded by the Robert Wood Johnson Foundation, is focused on providing support to help nurses stop smoking. In a related project, the

Smoking Cessation Leadership Center is sponsoring a project to build nursing leadership in tobacco control by increasing nursing involvement in implementing cessation services for patients, and increasing nursing organizational participation in tobacco control policy



To learn more about the task force go to <http://www.itfn.org/> [www.tobaccofree](http://www.tobaccofree) This would be a great idea for a school or state Community Health project. For more information on smoking cessation see the American Journal of Nursing article in the December 2004 issue titled, "Sparing a Few Minutes for Tobacco Cessation." Bring your project ideas to the convention and share with your fellow Community Health Leaders at the Association Activity Seminars, Wednesday, April 6, 2005 Salt Lake City.

Angela Hedger

Region 7 Director/Community Health Chair

# Remember these Dates DON'T MISS OUT

Remember you get points toward Chapter of the Year for participating in Nurses Student Week, FNA Student Day, and attending Eboard Meetings!!!

February 20-26, 2005 - Florida Nursing Student Week

February 23, 2005 - Nursing Student Day

May 6-12, 2005 – National Nurses Week

September 14-17, 2005 – FNA Convention – Hyatt Coconut Point – Bonita Springs, FL

September 14, 2005 – FNA Student Day.

**FNSA Executive Board Meetings at FNA Headquarters in Orlando  
(directions p. 4)**

10:30 am-Regional Meetings

11:00 am Committee Meetings

12-4 pm Eboard Meeting

January 15, 2005

February 26, 2005

April 6 - 9, 2005 – NSNA National Convention in Salt Lake City, Utah.

May 21, 2005

July 9, 2005

August 20, 2005

## THE FOLLOWING DATES ARE TENTATIVE

September 23, 2005 – FNSA Pre-Convention Eboard Meeting 7:00 pm – Adams Mark Hotel – Daytona Beach, Florida

September 23-25, 2005 – FNSA Pre-convention – Adams Mark Hotel – Daytona Beach, FL

October 25, 2005 - FNSA Convention Eboard Meeting 7:00 pm – Adams Mark Hotel Daytona Beach, Florida

October 26 – 29, 2005 –FNSA State Convention – Adams Mark Hotel -- Daytona Beach, Florida

**Toni Link for NSNA  
Director South**



# Get to Know Your 2004-2005 Executive Board



**Robert "Bob" D. Elliott**, President, 124 North F St., Lake Worth, FL 33460, Home: 561-547-1859; Cell:

561-315-1331; Palm Beach Community College; [robertdelliott\\_fnsa@yahoo.com](mailto:robertdelliott_fnsa@yahoo.com)

**Sarah Mullikin**, 1st Vice President, PO Box 1782, Islamorada, FL 33036. Cell: 305-393-8679; Florida Keys Community College;

[FNSASarahM@aol.com](mailto:FNSASarahM@aol.com)

**Jennifer Torrence**, 2nd Vice President, 3440 Shady Lane, Sarasota, FL 34243. Cell: 941-321-0950; Manatee Community College;

[nursejennRN05@comcast.net](mailto:nursejennRN05@comcast.net)

**Jodie Flashman**, Recording Secretary, 120 Kawilla Ct., Orlando, FL 32825; Home: 407-736-0519; Cell: 407-492-8702; Valencia Community College; [jodie\\_fnsa@yahoo.com](mailto:jodie_fnsa@yahoo.com)

**Toni Linck**, Corresponding Secretary, 114 13th Wahneta St West, Winter Haven, FL 33880; Home: 863-875-0811; Cell: 863-651-9578;

University of South Florida; [fnsatoni@hotmail.com](mailto:fnsatoni@hotmail.com)

**Samantha Reynolds**, Treasurer, 2777 SW Archer Rd, Apt S-89, Gainesville, FL 32608; Home: 352-335-6466; Cell: 305-923-3338;

University of Florida; [dehliar@ufl.edu](mailto:dehliar@ufl.edu)

**Robin Dayton**, Pacemaker Editor, PO Box 1420, Key Largo, FL 33037; Home: 305-451-1433; Cell: 305-923-6348; Florida Keys

Community College; [rdaytonfnsa@yahoo.com](mailto:rdaytonfnsa@yahoo.com)

**Shari Wright**, Region 1 Director / Resolutions Chair, 6561 Nidden Beach Cir., Orlando, FL 32819; Home: 407-297-1260; Cell:

407-227-6061; Valencia Community College; [FNSAShari@aol.com](mailto:FNSAShari@aol.com)

**Lindsay Sherrill**, Region 2 Director / Elections Chair, 3901 SW 20th Ave Apt 711, Gainesville, FL 32607; Cell: 352-284-3599;

University of Florida; [lindsays@ufl.edu](mailto:lindsays@ufl.edu)

**Joni Schaper**, Region 3 Director / Legislative Chair, 2699 Laura Baugh Drive, Melbourne, FL 32935; Home: 321-242-1315; Cell:

321-536-5378; [Jonischaper@aol.com](mailto:Jonischaper@aol.com)

**Carly Evans**, Region 4 Director / CAPS Chair, 6119 Coral Bay Road, Tampa, FL 33647, Cell: 772-696-5069; University of South

Florida; [cevans@hsc.usf.edu](mailto:cevans@hsc.usf.edu)

**Shernette Warren**, Region 5 Director / BTN Chair, 905 South L Street, Lake Worth, FL 33460; Home: 561-493-0085; Cell:

561-856-3172; South University; [sawp1975@yahoo.com](mailto:sawp1975@yahoo.com)

**Shannon O'Connor**, Region 6 Director / Membership, 100 First Terrace, Key Largo, FL 33037, Home: 305-451-4200; Florida Keys

Community College, [FNSAShannon@aol.com](mailto:FNSAShannon@aol.com)

**Angela Hedger**, Region 7 Director / Community Health, 1114 FGCU Campus Housing, Fort Myers, FL 33965; Home: 239-590-1293;

Cell: 727-593-1479; Florida Gulf Coast University; [anhedger@eagle.fgcu.edu](mailto:anhedger@eagle.fgcu.edu)

## CONSULTANTS

**Willa Fuller**, FNSA Executive Director, P. O. Box 10188, Daytona Beach, FL 32120-0188, Home Phone: (386) 252-0902; Work Phone:

(407) 896-3261; e-mail: [wfuller@floridanurse.org](mailto:wfuller@floridanurse.org) Work Site: FNA

**Mary Lou VanCott**, FNA Consultant, Lake Seminole Village, 10481 98th St. North, Seminole, FL 33773, Home Phone: (727) 397-6164,

Work Phone: (727) 341-3785, e-mail, [marylouvancott@aol.com](mailto:marylouvancott@aol.com), Work Site: St. Pete College

**Carol Petrozella**, FLN Consultant, 8240 NW 14th St. Coral Springs, FL 33071, Home Phone: (954) 753-6936, Work Phone: (305)

237-4455, e-mail: [opetroze@mdc.edu](mailto:opetroze@mdc.edu), Work Site: Miami Dade College

**Judy Campbell**, Special Consultant, 6565 West Baker Circle, Cocoa, FL 32927, Home Phone: (321) 639-3126, e-mail: [Elijah@cfl.rr.com](mailto:Elijah@cfl.rr.com),

Work Site: Student, University of Florida

## COSP Chairs:

**South:** Erica Hammond, 418 NW. 4th Avenue, Boynton Beach, Florida 33435, Home: 561-369-3545, South University,

[jamaicared1love@aol.com](mailto:jamaicared1love@aol.com)

Deana Jackson, South University, Cell: 561-577-9657, [djackson@wpb.southuniversity.edu](mailto:djackson@wpb.southuniversity.edu)

**North:** Timothy Kucinski, 1098 Chokecherry Drive, Winter Springs, Florida 32708, Cell: 407-492-1858; Seminole Community College;

[timbok@cfl.r.r.com](mailto:timbok@cfl.r.r.com)

Websie Update:

As most of you know FNSA website has not been at its best lately. That is why we are working on developing a new website through another company, where we can add regular updates for everyone to be able to get much needed information. But until that happens remember that everything you need to know should be in this Newsletter. If you have more questions you can always contact me. My information is on page one.

# BTN

If your school has a Breakthrough to Nursing (BTN) chair or representative, or if you are him/her please email Shernette Warren at [sawp1975@yahoo.com](mailto:sawp1975@yahoo.com) as soon as possible. She has important information to keep you updated on, but she needs a contact to be able to do that. Please get in touch with her.

