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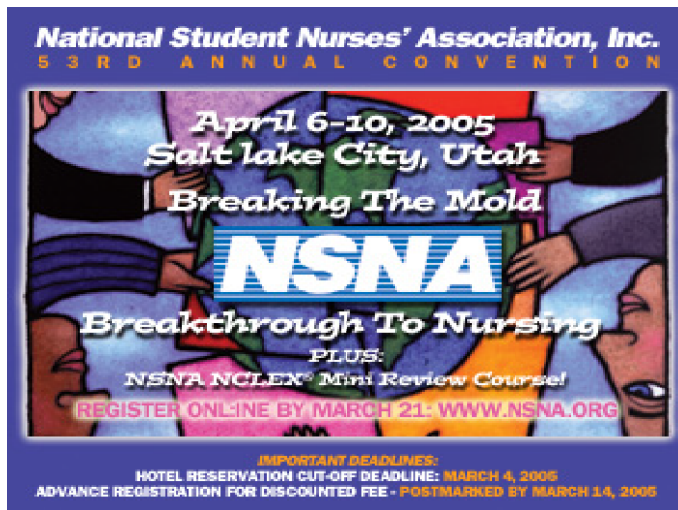
# Region 7 Newsletter

## Region News

March 2005

**D**o you like to plan parties?!! Well, then FNSA has the perfect place for you. Join the Convention Committee and you can help plan FNSA's biggest event, State Convention in Daytona, FL. If planning parties isn't your thing we have lots of other committees you can get involved in from Legislation, Resolutions, BTN, CAPS, Nominations and Elections to Community Health and Membership. If you have any interest in helping out in any of these areas email Robert Elliott at [robertdelliott\\_fnsa@yahoo.com](mailto:robertdelliott_fnsa@yahoo.com) immediately. Don't be intimidated, we would love to have you. You don't have to know everything.. Just be willing to serve and help out. It's not too late!!!

**N**nsna National Convention is just right around the corner. Are you prepared? This year National Convention will be held in Salt Lake City, Utah, April 6 - 10, 2005. It's going to be an exciting time to connect with other nursing students from around the country,



grow in your knowledge as a nursing student, meet recruiters from all over the nation and much much more!!! Deadline for snail mail registration is March 14! Deadline for online reservation is March 21st. Register soon!! Visit [www.nсна.org](http://www.nсна.org) for all the details.

**R**emember to look for your FNSA board at national convention. **A**re going to have FUN Florida pins for everyone from Florida to be wearing. This is a tradition and it enables us all to get to know one another and recognize one another at national convention. Also, if you have not already emailed me with how many people are going from your school, please do so ASAP, so I know to look for you. Even if it's just one, that's better than none!!

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# What Region 7 Has Been Up To

## REGION 7 WEB PAGE

Hey, Region 7, this is your director here, Angela Hedger, asking for your help to develop a web page for our region. A web page can help keep us all connected and enable us to grow as a region. I have been brainstorming a lot of ideas, but I need your help. Let me know what you would like to see up on the web site.

Also, I need pictures of your NSA!!! Please email pictures to [anhedger@eagle.fgcu.edu](mailto:anhedger@eagle.fgcu.edu), or send them through regular mail (1114 FGCU Campus Housing, Fort Myers, FL 33965) and I'll scan them in. I need your pictures and ideas ASAP. Please have them to me by **March 30th**. This is a community effort. I know it's hard to get information to everyone, but this would definitely improve communication. Newsletters will be posted on the web so anyone can go there, view it and print it off. This is also something that can be passed down through future directors avoiding a gap of information. I am so excited to link us all together, please join the chain so that we may all grow together. Thanks to everyone!

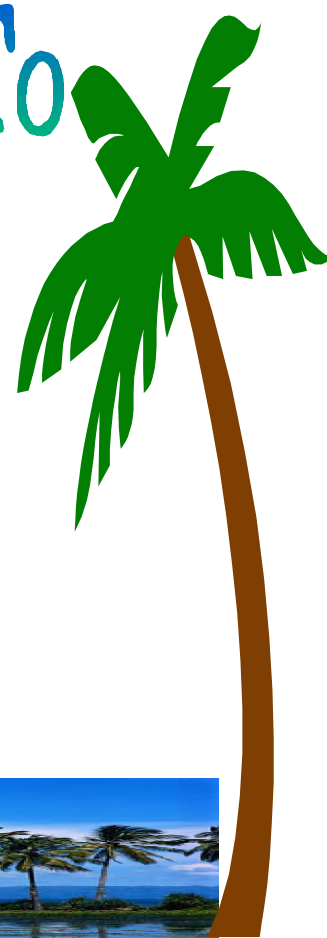
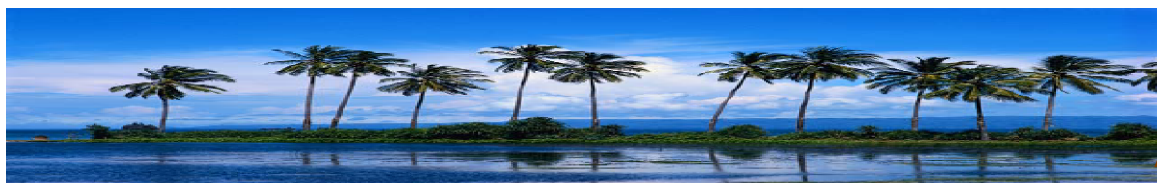
Blessings,

Angela Hedger

Region 7

Director/Community

Health Chair



### MANATEE COMMUNITY COLLEGE (MCC)

- 1) **Officer Reports**- will be submitted 1 week prior to meetings.
- 2) **Pins for graduates**- we are in the process of getting approval for a less costly pin than what's currently being offered for our graduates.
- 3) **Bone Zone**- Students who are already trained may sign up and we will also determine the need for more training sessions based on interest.
- 4) **Relay for Life**- Looking for SNA volunteers to light luminaries at the event to benefit cancer survivors.
- 5) **Stomp Out Stress Day**- SNA members will take BP's at this campus-wide event.
- 6) **Open House** – Current and prospective students will be invited to the Nursing Dept. to learn more about the program. Past graduates and current nurses will be invited to speak and refreshments will be provided. This is on hold for now until we can do more planning.
- 7) **MCC-SNA Website**- Our new website is up and we are in the process of keeping it updated and adding links to it on the college website. <http://mccfl.edu/pages/1813.asp>
- 8) **Recruitment on campus** – SNA members and consultants are encouraging students in the pre-req classes to join and participate in the SNA. We had several of these students come to our last meeting.
- 9) **Student Nurse's Day** - Feb.23rd . We are passing out pencils to all nursing students that read, "Student Nurses Day '05".

### Florida Gulf Coast University (FGCU)

- 1) **Fundraising Activities**-We work concession stands for the Twins Spring Training Games all throughout March earning 10% of profits plus tips. We have raised over \$1,000 after working just 4 games. This money will go towards funding community events, along with cutting some of the costs so more people can attend national convention.
- 2) **Project Moses**-We delivered 15 basinettes made out of laundry baskets for families that cannot afford them to help prevent SIDS to a local Hispanic Service's lamaze class.
- 3) **Student Nurse's Week**- We did Global AIDS education, selling Orphan AIDS bracelets to help support orphans and spread the word. We still have some left if anyone wants one just email [anhedger@eagle.fgcu.edu](mailto:anhedger@eagle.fgcu.edu). They are \$20, but all the money goes directly back to the orphans. You can check it out [www.aidsbracelets.org](http://www.aidsbracelets.org).
- 5) **Eagle Expo**- NSA participates in this campus wide open house. We recruit new, future members and teach students about NSA and the nursing program at FGCU.
- 6) **Relay for Life**-FGCU is having it's first campus relay for life April 8th-9th. Even though some of us will be gone at convention, we are still raising money and support. Student who cannot go to convention will be representing NSA on campus.

### South Florida Community College

No reply

Edison College

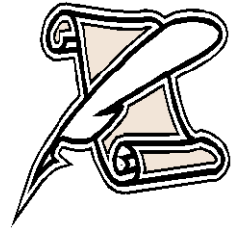
No reply



# FNSA Resolution to Convention...

This year FNSA has decided to support and bring to National Convention the Resolution submitted by our own Robert Elliott.

**In support of health care professionals being educated about current healthcare advance directives and to maintain current healthcare advance directive.**



Submitted by: Robert D. Elliott for the FNSA Executive Board

WHEREAS: we as nursing student and nursing professionals are responsible for inquiring about and confirming that the patients in our care have current healthcare advance directives; and

WHEREAS: we are aware of the difficulties and problems that can and do occur when patients and their families contemplate the significance of these end-of-life directives; and

WHEREAS: participants in the survey of 339 RN's indicated that while it is important for patients to complete advance directives and that healthcare providers are responsible for informing patients about end-of-life decisions, these healthcare directives are not in place (Critical Care Administration); and

WHEREAS: more than 80% of the U.S. population is affected either directly or indirectly by a critical illness at some time in life, with most likely to be faced with end-of-life decisions (Oncology Nurse's Role); and

WHEREAS: in a survey of 339 registered nurses affiliated with the American Association of Critical Care Nurses (AACN) 86% of the respondents reported that they had not completed an advance directive for themselves, suggesting that 186 (55%) felt they themselves did not have a good understanding of advance directives(C.C.A.); and

WHEREAS: nearly all respondents of the 339 Registered Nurses in AACN, 311 (92%) thought they themselves would benefit from additional information;;; and

WHEREAS: in a poll taken at Wesley College in Dover, Delaware, of the 41 students surveyed regarding advance directives, 86% of the group, including the doctorally prepared professor, did not have advance directives for themselves (Lucille Gambadella); and

WHEREAS: the presence of a living will encourages discussion between patients, their families and health care providers about the patient's preferences (Oncology Nurse's Role); therefore be it

RESOLVED: that the National Student Nurses' Association (NSNA) encourages its members to support education about advance care directives for all the members of the NSNA; and be it further

RESOLVED: that the NSNA encourage its members to be diligent in completing advance health care directives for themselves and their families; and be it further

RESOLVED: that the NSNA urge its constituents to complete advance health care directives for all their members; and be it further

RESOLVED: that the guidelines and criteria be printed in *Imprint*, if feasible; and be it further

RESOLVED: that the NSNA send a copy of this Resolution to the Florida Nurses Association, the Florida League for Nursing, the National League for Nursing, the National Organization for Associate Degree Nursing, the National Association of Pediatric Nurse Associates and Practitioners, the National Association of Neonatal Nurses, the American Association of Critical Care Nurses, the Nursing Organizations Alliance, all NSNA constituents, and all others deemed appropriate by the NSNA Executive Board.



**Every day 1 in 8 babies born in the U.S. arrives too soon. Premature birth can happen to any woman and be life threatening for her baby.**

FNSA's Community Health Committee has supported a lot of different community projects throughout

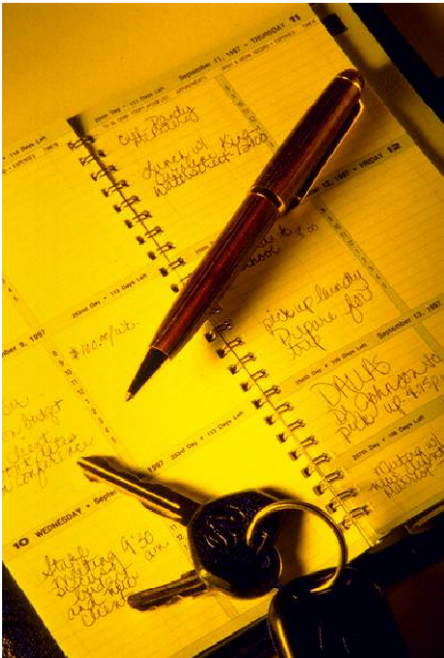
the years, and each year we try to expand upon our community partnerships. This year we are looking forward to working with March of Dimes and helping you to help others in the effort to improve the health of babies by preventing birth defects and infant mortality. If your school or anyone in your school is interested in helping out please let me know. I will be keeping everyone posted and hopefully we will have a training session set up by the time we go to convention. To get information now and view handouts check out <http://faculty.mdc.edu/opetroze/>. CD's with this information is available for anyone that wants it. Just let me know. Stay tuned!!



**prematurity**  
the answers can't come soon

# Remember these Dates DON'T MISS OUT

Remember you get points toward Chapter of the Year for participating in Nurses Student Week, FNA Student Day, and attending Eboard Meetings!!!



**February 20-26, 2005** - Florida Nursing Student Week

**February 23, 2005** - Nursing Student Day

**May 6-12, 2005** – National Nurses Week

**September 14-17, 2005** – FNA Convention – Hyatt Coconut Point – Bonita Springs, FL

**September 14, 2005** – FNA Student Day.

**FNSA Executive Board Meetings at FNA Headquarters in Orlando**  
(directions p. 4)

**10:30 am-Regional Meetings**

**11:00 am Committee Meetings**

**12-4 pm Eboard Meeting**

**January 15, 2005**

**February 26, 2005-Cancelled**

**April 6 - 9, 2005** – NSNA National Convention in Salt Lake City, Utah.

**May 21, 2005**

**July 9, 2005**

**August 20, 2005**

**September 23, 2005** – FNSA Pre-Convention Eboard Meeting 7:00 pm

**September 23-25, 2005** – FNSA Pre-convention - Daytona Beach, FL

**October 25, 2005** - FNSA Convention Eboard Meeting 7:00 pm – Daytona Beach, Florida

**October 26 – 28, 2005** –FNSA State Convention – Daytona Beach, Florida

**Toni Link for NSNA  
Director South**

# Get to Know Your 2004-2005 Executive Board



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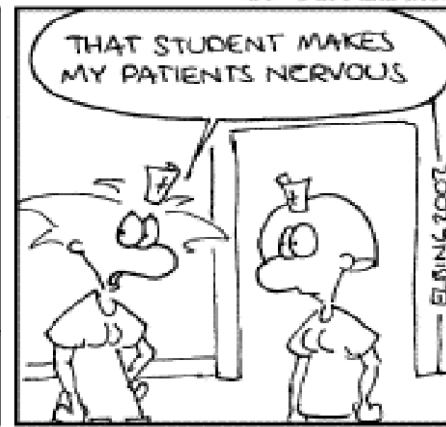
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Updated: 11/8/04

# Nurstoons

by Carl Elbing



[www.nurstoon.com](http://www.nurstoon.com)